



EMOTIONAL AWARENESS FOR PARENTS





**EMOTIONS ARE THE EFFECT OF YOUR
THOUGHTS**





**EMOTIONAL INTELLIGENCE IS LINKED TO THE
QUESTIONS YOU ASK CONSCIOUSLY AND
UNCONSCIOUSLY**





**YOUR INTERNAL IDENTITY AS A PARENT MIRRORS
YOUR EXTERNAL IDENTITY WITH YOUR CHILD**





**YOUR CHILD'S EMOTIONS REVEAL THEIR
INTERNAL LIFE NOT THEIR EXTERNAL LIFE**





**YOU ARE NOT RESPONSIBLE FOR
YOUR CHILD'S EMOTIONS**





**YOU ARE RESPONSIBLE ONLY FOR
YOUR EMOTIONS TOWARD YOUR CHILD**





**YOUR CHILD CANNOT MAKE YOU FEEL
ANGRY**



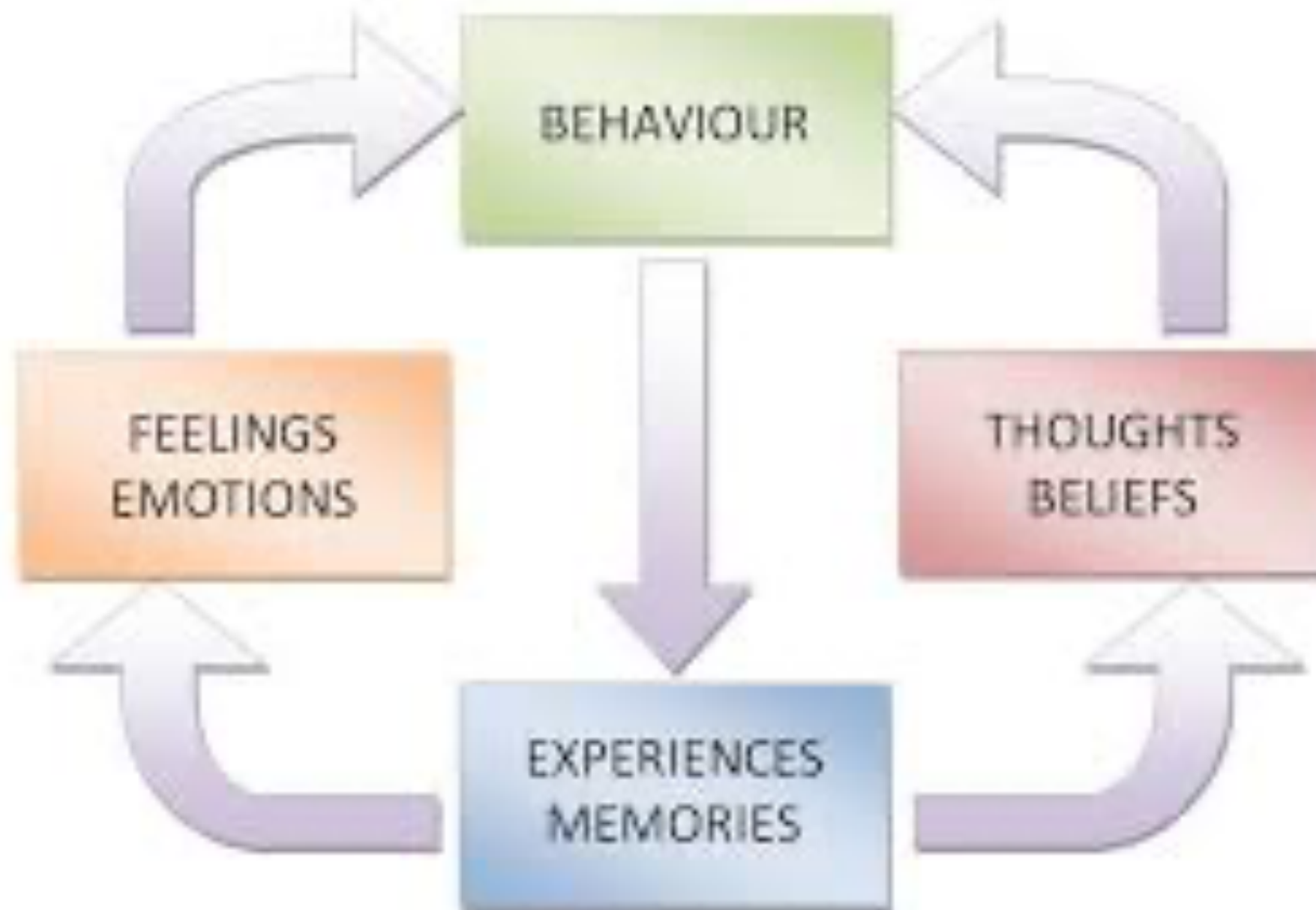


YOUR ANGER BELONG TO YOU



**YOUR CHILD IS A SEPARATE ENTITY
FROM HIS OR HER BEHAVIOR**





**YOUR CHILD'S THOUGHTS ARE THE CAUSE
OF THEIR EMOTIONS-POSITIVE OR NEGATIVE**





**YOUR CHILD'S BEHAVIOR ARE ANSWERS TO
QUESTIONS THEY ASKED THEMSELVES NEGATIVE
OR POSITIVE**





**YOUR CHILD'S NEGATIVE EMOTIONS
TOWARD YOU ARE OPPORTUNITIES TO
INCREASE YOUR LOVE CAPACITY**



CHECK OUT MORE POWERPOINT LESSONS FOR PARENTS

WWW.YVONNEBROOKSINC.COM



YVONNEBROOKSINC.COM
— AUTHOR SPEAKER COACH —